

XXX Ilves-3 29. April – 1. May 2017

1. 29.04.2017 **1.day shortened long distance**

Truuta (Madis Oras)

2. 30.04.2017 **2.päev long distance**

Juusa (Madis Oras)

3. 01.05.2017 **3.päev middle distance**

Juusa (Madis Oras)

| I päev | II päev | III päev |
|---|--------------------------------------|--------------------------|
| M8NR 1570m 5KP start:600m | start 3 1510m 6KP start:500m | 1460m 6KP start:100m |
| M10NR 1570m 5KP start:600m | start 3 1510m 6KP start:500m | 1460m 6KP start:100m |
| M12 2090m 7KP start:600m | start 3 1990m 8KP start:500m | 2100m 7KP start:100m |
| M14 4030m 11KP start:600m | start 2 4860m 12KP start:1600m | 3470m 10KP start:100m |
| M16 5490m 14KP start:600m | start 1 6470m 11KP start:600m | 4390m 13KP start:100m |
| M18 7770m 18KP start:600m | start 1 8570m 12KP start:600m | 5990m 15KP start:100m |
| M20 7770m 18KP start:600m | start 1 8570m 12KP start:600m | 5990m 15KP start:100m |
| M21A 8250m 18KP start:600m | start 1 8830m 12KP start:600m | 5990m 17KP start:100m |

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| M21B | start 1 | |
| 5490m 14KP | 6470m 11KP | 4390m 13KP |
| start:600m | start:600m | start:100m |

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| MEN 21 E | start 1 | |
| 10260m 22KP | 12340m 16KP | 6720m 17KP |
| start:600m | start:600m | start:100m |

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| M35 | start 1 | |
| 8250m 18KP | 8830m 12KP | 5990m 17KP |
| start:600m | start:600m | start:100m |

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| M40 | start 1 | |
| 7090m 19KP | 8020m 11KP | 5180m 15KP |
| start:600m | start:600m | start:100m |

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| M45 | start 1 | |
| 6610m 17KP | 6990m 12KP | 4730m 14KP |
| start:600m | start:600m | start:100m |

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| M50 | start 1 | |
| 5500m 16KP | 6460m 11KP | 4220m 12KP |
| start:600m | start:600m | start:100m |

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| M55 | start 2 | |
| 5030m 12KP | 6010m 12KP | 3870m 14KP |
| start:600m | start:1600m | start:100m |

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| M60 | start 2 | |
| 4640m 13KP | 5510m 11KP | 3630m 14KP |
| start:600m | start:1600m | start:100m |

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| M65 | start 2 | |
| 4330m 14KP | 5230m 11KP | 3500m 14KP |
| start:600m | start:1600m | start:100m |

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| M70 3340m 10KP start:600m | start 2 4040m 10KP start:1600m | 2970m 10KP start:100m |
| M75 2770m 10KP start:600m | start 2 3350m 7KP start:1600m | 2300m 8KP start:100m |
| M80 2520m 7KP start:600m | start 2 3090m 7KP start:1600m | 1960m 6KP start:100m |
| N8NR 1570m 5KP start:600m | start 3 1510m 6KP start:500m | 1460m 6KP start:100m |
| N10NR 1570m 5KP start:600m | start 3 1510m 6KP start:500m | 1460m 6KP start:100m |
| N12 2090m 7KP start:600m | start 3 1990m 8KP start:500m | 2100m 7KP start:100m |
| N14 2960m 9KP start:600m | start 2 3860m 9KP start:1600m | 2670m 9KP start:100m |
| N16 3780m 11KP start:600m | start 2 4560m 10KP start:1600m | 3260m 11KP start:100m |
| N18 5110m 13KP start:600m | start 2 5970m 10KP start:1600m | 4040m 12KP start:100m |

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| N20 | start 2 | | |
| 5110m 13KP | 5970m 10KP | 4040m 12KP | |
| start:600m | start:1600m | start:100m | |
| N21A | start 2 | | |
| 5110m 13KP | 5970m 10KP | 4040m 12KP | |
| start:600m | start:1600m | start:100m | |
| N21B | start 2 | | |
| 4330m 14KP | 5230m 11KP | 3500m 14KP | |
| start:600m | start:1600m | start:100m | |
| WOMEN 21E | start 1 | | |
| 7090m 18KP | 8460m 12KP | 4980m 16KP | |
| start:600m | start:600m | start:100m | |
| N35 | start 1 | | |
| 5500m 16KP | 6460m 11KP | 4220m 12KP | |
| start:600m | start:600m | start:100m | |
| N40 | start 2 | | |
| 5030m 12KP | 6010m 12KP | 3870m 14KP | |
| start:600m | start:1600m | start:100m | |
| N45 | start 2 | | |
| 4640m 13KP | 5510m 11KP | 3630m 14KP | |
| start:600m | start:1600m | start:100m | |
| N50 | start 2 | | |
| 4330m 14KP | 5230m 11KP | 3500m 14KP | |
| start:600m | start:1600m | start:100m | |
| N55 | start 2 | | |
| 3780m 11KP | 4560m 10KP | 3260m 11KP | |
| start:600m | start:1600m | start:100m | |

| | | |
|------------|-------------|------------|
| N60 | start 2 | |
| 3340m 10KP | 4040m 10KP | 2970m 10KP |
| start:600m | start:1600m | start:100m |

| | | |
|------------|-------------|------------|
| N65 | start 2 | |
| 2960m 9KP | 3860m 9KP | 2670m 9KP |
| start:600m | start:1600m | start:100m |

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|------------|-------------|------------|
| N70 | start 2 | |
| 2770m 10KP | 3350m 7KP | 2300m 8KP |
| start:600m | start:1600m | start:100m |

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| N75 | start 2 | |
| 2520m 7KP | 3090m 7KP | 1960m 6KP |
| start:600m | start:1600m | start:100m |