## XXI IIves-3

Hargla
May 2-4, 2008

## $0 \leq 5$

## Program

02.05.2008
03.05.2008
04.05.2008
16.00
11.00
11.00
14.30

Shortened Classic distance
Classic distance, in N21E and M21E is World Ranking Event
Classic distance
Prizing Ceremony
Courses

| Day 1 (2.5.2008) |  |  |  | Day 2 (3.5.2008) |  |  |  | Day 3 (4.5.2008) |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Class | Dist.(m) | KP | StartNr | Class | Dist.(m) | KP | StartNr | Class | Dist.(m) | KP | StartNr |
| M10A | 1500 | 4 | 3 | M10A | 1830 | 5 | 3 | M10A | 1990 | 6 | 3 |
| M10B NR | 1500 | 3 | 3 | M10B NR | 1800 | 5 | 3 | M10B NR | 1880 | 5 | 3 |
| M12A | 2340 | 7 | 2 | M12A | 3640 | 8 | 2 | M12A | 2820 | 8 | 2 |
| M12B | 1500 | 4 | 3 | M12B | 1830 | 5 | 3 | M12B | 1990 | 6 | 3 |
| M14A | 3430 | 9 | 2 | M14A | 4620 | 9 | 2 | M14A | 4350 | 9 | 2 |
| M14B | 2340 | 7 | 2 | M14B | 3640 | 8 | 2 | M14B | 2820 | 8 | 2 |
| M16A | 4770 | 13 | 1 | M16A | 6970 | 13 | 1 | M16A | 6120 | 11 | 1 |
| M16B | 3430 | 9 | 2 | M16B | 4620 | 9 | 2 | M16B | 4350 | 9 | 2 |
| M18 | 6190 | 16 | 1 | M18 | 8850 | 13 | 1 | M18 | 7790 | 13 | 1 |
| M20 | 6890 | 18 | 1 | M20 | 10110 | 16 | 1 | M20 | 8330 | 14 | 1 |
| M21A | 6360 | 15 | 1 | M21A | 9360 | 14 | 1 | M21A | 8010 | 17 | 1 |
| M21AL | 4770 | 13 | 1 | M21AL | 6970 | 13 | 1 | M21AL | 6120 | 11 | 1 |
| M21B | 4680 | 12 | 2 | M21B | 6710 | 14 | 2 | M21B | 6110 | 13 | 2 |
| M21E | 7630 | 23 | 1 | M21E | 15210 | 19 | 1 | M21E | 10210 | 18 | 1 |
| M35 | 6890 | 18 | 1 | M35 | 10110 | 16 | 1 | M35 | 8330 | 14 | 1 |
| M40 | 6190 | 16 | 1 | M40 | 8850 | 13 | 1 | M40 | 7790 | 13 | 1 |
| M45 | 4770 | 13 | 2 | M45 | 7620 | 15 | 2 | M45 | 6850 | 14 | 2 |
| M50 | 4680 | 12 | 2 | M50 | 6710 | 14 | 2 | M50 | 6110 | 13 | 2 |
| M55 | 4220 | 12 | 2 | M55 | 5700 | 10 | 2 | M55 | 5140 | 11 | 2 |
| M60 | 4220 | 12 | 2 | M60 | 5700 | 10 | 2 | M60 | 5140 | 11 | 2 |
| M65 | 3470 | 8 | 2 | M65 | 4600 | 8 | 2 | M65 | 4070 | 11 | 2 |
| M70 | 3470 | 8 | 2 | M70 | 4600 | 8 | 2 | M70 | 4070 | 11 | 2 |
| M75 | 2950 | 7 | 2 | M75 | 3880 | 6 | 2 | M75 | 3400 | 9 | 2 |
| M8 NR | 1500 | 3 | 3 | M8 NR | 1800 | 5 | 3 | M8 NR | 1880 | 5 | 3 |
| N10A | 1500 | 4 | 3 | N10A | 1830 | 5 | 3 | N10A | 1990 | 6 | 3 |
| N10B NR | 1500 | 3 | 3 | N10B NR | 1800 | 5 | 3 | N10B NR | 1880 | 5 | 3 |
| N12A | 2000 | 5 | 2 | N12A | 2650 | 6 | 2 | N12A | 2350 | 5 | 2 |
| N12B | 1500 | 4 | 3 | N12B | 1830 | 5 | 3 | N12B | 1990 | 6 | 3 |
| N14A | 2470 | 7 | 2 | N14A | 3450 | 7 | 2 | N14A | 2840 | 7 | 2 |
| N14B | 2000 | 5 | 2 | N14B | 2650 | 6 | 2 | N14B | 2350 | 5 | 2 |
| N16 | 3550 | 7 | 1 | N16 | 4460 | 8 | 1 | N16 | 4210 | 13 | 1 |
| N18 | 4280 | 11 | 1 | N18 | 5750 | 11 | 1 | N18 | 4710 | 12 | 1 |
| N20 | 4690 | 14 | 1 | N20 | 6020 | 12 | 1 | N20 | 5510 | 12 | 1 |
| N21A | 4690 | 14 | 1 | N21A | 6020 | 12 | 1 | N21A | 5510 | 12 | 1 |
| N21AL | 3550 | 7 | 1 | N21AL | 4460 | 8 | 1 | N21AL | 4210 | 13 | 1 |
| N21B | 3980 | 9 | 2 | N21B | 4330 | 7 | 2 | N21B | 3910 | 11 | 2 |


| N21E | 5320 | 15 | 1 | N21E | 8390 | 14 | 1 | N21E | 6630 | 12 | 1 |
| :--- | ---: | ---: | ---: | :--- | ---: | ---: | ---: | :--- | :--- | :--- | :--- |
| N35 | 4280 | 11 | 1 | N35 | 5750 | 11 | 1 | N35 | 4710 | 12 | 1 |
| N40 | 3550 | 7 | 1 | N40 | 4460 | 8 | 1 | N40 | 4210 | 13 | 1 |
| N45 | 3980 | 9 | 2 | N45 | 4330 | 7 | 2 | N45 | 3910 | 11 | 2 |
| N50 | 3160 | 7 | 2 | N50 | 3740 | 6 | 2 | N50 | 3160 | 10 | 2 |
| N55 | 3160 | 7 | 2 | N55 | 3740 | 6 | 2 | N55 | 3160 | 10 | 2 |
| N60 | 2690 | 7 | 2 | N60 | 3310 | 6 | 2 | N60 | 2820 | 7 | 2 |
| N65 | 2690 | 7 | 2 | N65 | 3310 | 6 | 2 | N65 | 2820 | 7 | 2 |
| N70 | 2500 | 6 | 2 | N70 | 2940 | 6 | 2 | N70 | 2370 | 6 | 2 |
| N8 NR | 1500 | 3 | 3 | N8 NR | 1800 | 5 | 3 | N8 NR | 1880 | 5 | 3 |

* The refreshments are on $2^{\text {nd }}$ day for courses from Start 1.

N - Women, M-Men
NR - marked distance, AL - short technical.
Distances to starts:

|  | Day1 | Day2 | Day3 |
| :--- | :--- | :--- | :--- |
| Start nr 1 | 1300 | 1200 | 1200 |
| Start $\boldsymbol{n r} 2$ | 1200 | 1050 | 1400 |
| Start $\boldsymbol{n r} 3$ | 1100 | 900 | 1550 |

## Maps and terrain

Mapped in spring 2006. Mappers: Madis Oras, Avo Veermäe, Arvo Kivikas, Kalle Kalm. Previous map 2002032.
The scales are on $1^{\text {st }}$ day for all groups 1:10000; on $2^{\text {nd }}$ and $3^{\text {rd }}$ day for the groups from Start 1-1:15 000; from Start 2 and Start 3-1:10 00; vertical contour intervals of the maps are 2,5 m.

The forest is characterised by a rather dense network of forest tracks. Runnability varies from bad to very good. Lots of different aged coppice and thickets; marshes. The terrain is moderately hilly with height differences in the range of 40metres.

## RULES FOR THE COMPETITION

The SPORTident electronic punching system will be used.

## Start

Pre-start time is 2 minutes on each day. Runners will start from next to map.
Control are printed to the front side of the maps. Additional control descriptions are available only for groups MN21E (Runners had to have own fixing materials).
Start interval is 2 minutes, excluding NM21E on $2^{\text {nd }}$ day is 3 minutes. At the start signal the competitors may cross the start line, take the map and begin their course via the start control.
Late start. Competitors who arrive late to the start have to ask help from the start official. Starting later is possible until the last competitor will start.
Control time: $1^{\text {st }}$ day -1 hour and 40 minutes, $2^{\text {nd }}$ day - for M21E 3 hours and for other groups 2 hours and 30 minutes; $3^{\text {rd }}$ day -2 hours.

## Punching at the controls

Punching at the controls, by placing the SI-card into the hole on top of the control unit, the competitor will get a confirming visible and/or audible signal from the electronic control unit confirming the registration. The competitor is responsible for punching at the correct control. If the punch did not register the competitor must use the manual punch in the R-boxes on the map, R1, R2, R3 or into the edge of the map on lack of the reserve boxes. A lost SI-card will result in disqualification.

## Finish

The finish time will be taken through a punch at the finish line. After the finish punch the competitor continues through the finish chute to another punch unit, where the information from the SI-card will be read out. Competitors, who have used manual punching, must inform the finish officials after emptying their SI-card. The hired SI-cards must be returned to a finish official as soon as they have been emptied on the last competition day. Result list with split-times will be given to competitors in finish area.
When a hired SI-card will lose, it costs 425 EEK.

ILVES-3 A->Z
Buffet will be with several menus at the event centre.
Changes to the information about competitors in same group can be made at the competition office.
Child care: There is a kindergarten at the event centre.
Clothing return: Extra clothing left at the start will be taken to the competition centre by the organizers.
Competition office is open at $1^{\text {st }}$ day 14-17.30, $2^{\text {nd }}$ and $3^{\text {rd }}$ day 1 hour before starts.
Distribution of maps: Competition maps will be given out each day after the last runner has started.
Mini-course will be performed in competition centre every day. Start: $1^{\text {st }}$ day between 16.00-18.00.; $2^{\text {nd }}$ day between 11.00-14.00; $3^{\text {rd }}$ day between 11.00-14.00. Black-and-white scheme-map will be used; the controls are on the marked distance. Distances are 500-1000 m long. The course is meant for children up to ten years old. Some help on the distance is allowed. The results of the mini race will be available on the next day, the result of day 3 will be available only on the homepage of OC llves.
Number bibs will be available at the event centre.
Open courses are every day from Start 2. SPORTident electronic punching and timing system will be used. Entry fee 70
EEK has to be paid at the competition office. The results of the open distances will be available on the next day; the result of day 3 will be available only on the homepage of OC Ilves.
Open courses start is at Start 2 and open on $1^{\text {st }}$ day 16.00-17.30, on $2^{\text {nd }}$ and $3^{\text {rd }}$ day 11.00-13.00.
Parking fee 15EEK/day/car
Prizes will be awarded according to 3 days total result. Number of prizes in each class depends on the number of participants in the class.
Results: Each competitor can take a result list with split times, leaving finish area. Provisional results will be displayed in the event centre during the competition. The official results will be displayed on the results board in the event centre at the next day, on $3^{\text {rd }}$ day these will be displayed at the end of competition. Official results are available also in the event homepage http://www.okilves.ee/ilves3 at the end of each day.
Retrials: People who retire must go through the finish or inform the finish officials.
Shower with warm water is at the event centre.
Toilets are only in event centre.


Pesemine - Shower
Toit - Buffet

## Organiser:

OK Ilves
e-mail: ilves3@okilves.ee
homepage : http://www.okilves.ee/ilves3

